

ANIMAL, VEGETABLE, MIRACLE

A Year of Food Life

Barbara Kingsolver with Steven L. Hopp and Camille Kingsolver

Autumn Meal Plan

Sunday~ Grilled steak and fall potato salad

Monday~ Sweet potato and chard quesadilla

Tuesday~ Twice-baked potatoes with cheese and late-season broccoli

Wednesday~ Potato and onion frittata (Spanish tortilla)

Thursday~ Three-bean soup with fresh bread

Friday~ Pizza with tomato sauce, turkey sausage, roasted onions and
mozzarella

Saturday~ Cheese and squash quiche