

# ANIMAL, VEGETABLE, MIRACLE

*A Year of Food Life*

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## CUCUMBER YOGURT SOUP

**8 small-medium cucumbers, peeled and chopped**

**3 cups water**

**3 cups plain yogurt**

**2 tbs. dill**

**1 tbsp bottled lemon juice (optional)**

**1 cup nasturtium leaves and petals (optional garnish)**

Combine ingredients in food processor until smooth, chill before serving. Garnish with nasturtium flowers.

