

ANIMAL, VEGETABLE, MIRACLE

A Year of Food Life

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CHERRY SORBET

2 heaping cups pitted cherries

$\frac{3}{4}$ cups sugar

$\frac{2}{3}$ cups water

While one person pits the cherries another can combine sugar and water in a sauce pan over low heat. Stir until the sugar has dissolved completely (syrup will be clear at this point) and allow the mixture to cool. When cherries are pitted combine them with syrup in a blender. Blend on low until smooth, then refrigerate mixture until you are ready to pour it into an ice-cream maker.

