

ANIMAL, VEGETABLE, MIRACLE

A Year of Food Life

Barbara Kingsolver with Steven L. Hopp and Camille Kingsolver

Zucchini Season (Mid-summer) Meal Plan

Sunday~ braised chicken with squash, corn and cilantro

Monday~ grilled vegetable panini, served with green salad

Tuesday~ sliced cold chicken (cooked Sunday) and zucchini orzo

Wednesday~ grilled hamburgers with grilled green beans and squash

Thursday~ egg-battered squash blossoms stuffed with cheese, served with
salad

Friday~ pizza with grilled baby squash, eggplant, caramelized onions and
mozzarella

Saturday~ lamb chops and baked stuffed zucchini